



Address: 530 VFW Pkwy, Suite 103, Boston, MA 02132

Phone: 617-344-1441 or 617-697-7765

From Downtown Boston:

Get on Riverway from Fenway or get on Jamaicaaway from Rt.9 (Huntington Ave.). After the bridge of Jamaicaaway over Rt. 9, you will pass two intersections before you see Jamaica Pond ① on your right side. Keep going on Jamaicaaway till you see the sign for Arbroway/Rt.203.

Near this area ②, the direction towards Rt.203 will be divided into two sections by trees. Stay on the right side part (going towards Dedham/Providence, RI) if you can. You will come across a traffic light where there is a street splitting towards the right side. DO NOT turn right. Stay on Arbroway.

Shortly afterwards you will see a rotary. Once you get on the rotary take the first exit with a small blue sign pointing to “Faulkner Hospital”. Now you are on Center Street in Jamaica Plain. After passing two flashing lights (occasionally they turn into red), you will see a traffic light where Faulkner Hospital is on your right. Keep going on Center Street and your left side is Arnold Arboretum ③.

Stay on Center Street, not turning left or right. A Mobil gas station will be on your right side. Get into the right lane at this time. Right after you pass Mobil, there is a fork ④: the left lane comes to a traffic light which is still the Center Street; the right lane turns on VFW Pkwy.

Turn right onto VFW Pkwy. After driving around 0.5 mile, you will come to a rotary ⑤ (the intersection of VFW Pkwy and West Roxbury Pkwy) and get off the second exit after you get on the rotary (basically it means you stay on VFW Pkwy straight without turning either right or left).

After 0.2 mile, another traffic light for the intersection of VFW Pkwy and South Street. Keep straight on VFW Pkwy.

After another 0.2 mile, you will see a shopping plaza on your right side with CVS, Blockbuster, Citizens Bank, and Bertuccis. You will come to a major intersection © with Harvard Vanguard Medical Associates at West Roxbury and Bertuccis on your right. There is a red brick building opposite to the shopping plaza on the other side of VFW Pkwy. The brick building is your destination. Stay in the left lane and make a U turn. Immediately after the U turn, turn right onto Manthorne Road.

The building on your left at the corner of VFW Pkwy and Manthorne Road is the destination. There are two parking lots behind the building with entrances on Manthorne Road. Park your car in either lot. If there is no space left in the lot, find a parking spot along Manthorne Rd.

Go through the rear entrance of the building (on the left hand corner while you are facing the rear side of the building) printed "530-540 REAR ENTRANCE". Go UP a few steps and there is a door bell on your right side for HolliBalance.

Note: on Sunday the rear entrance is locked. You need to go to the front part of the building facing VFW Pkwy, go up a few steps to enter 530 VFW Pkwy Apartment. Press the white buzzer for #103 left to the mailboxes. There is a name tag "Yi Song" next to the buzzer. **DO NOT** use the dial pad.